

Learning Box Preschool Curriculum Alignment with the Alaska Early Learning Guidelines for 3 to 5 Year Olds

Learning Box Preschool Foundational Skills 3-5 Years Old

MOTOR DEVELOPMENT: GROSS MOTOR SKILLS

36 TO 60 MONTHS SOME INDICATORS FOR CHILDREN:

Walks and runs in circular paths (e.g., around obstacles and corners)
Crawls through a play tunnel or under tables
Climbs on play equipment Throws large beanbags or ball with some accuracy
Catches large balls with two hands Kicks ball forward
Balances on one foot Hops forward on one foot without losing balance
Jumps on two feet and over small objects with balance and control
Gallops with skill Pedals consistently when riding tricycle Walks up and down stairs, using alternating feet, with assistance

Learning Box Preschool Foundational Skills 3-5 Years Old

PD 2.1 Displays balance and coordination

PD 2.2 Uses locomotor skills

CE 2.2 Participates in a variety of body movements

SOME INDICATORS FOR CHILDREN:

Runs with an even gait and with few falls Hops on each foot separately without support
Maintains balance while bending, twisting, or stretching
Walks up and down stairs while holding an object in one or both hands
Moves body into position to catch a ball, then throws the ball in the right direction Kicks large ball to a given point with some accuracy
Able to alternate weight and feet while skipping or using stairs
Throws a medium-size ball with some accuracy

Learning Box Preschool Foundational Skills 3-5 Years Old

PD 2.1 Displays balance and coordination

PD 2.2 Uses locomotor skills

CE 2.2 Participates in a variety of body movements

36 TO 60 MONTHS SOME INDICATORS FOR CHILDREN:

Eats with utensils Uses various drawing and art materials (e.g., crayons, brushes, finger paint)
Copies shapes and geometric designs
Opens and closes blunt scissors with one hand
Cuts a piece of paper on a straight line and on a curve.
With blunt scissors, may not cut accurately Manipulates small objects with ease (e.g., strings beads, fits small objects into holes) Fastens large buttons Uses large zippers
Uses stapler or hole punch Completes increasingly complex puzzles (e.g., single, cut-out figures to 10-piece puzzles)
Writes some recognizable letters or numbers

Learning Box Preschool Foundational Skills 3-5 Years Old

PD 3.1 Controls small muscle movements

PD 3.2 Manipulates varied objects

PD 3.3 Exhibits hand-eye coordination

60 MONTHS TO KINDERGARTEN ENTRY SOME INDICATORS FOR CHILDREN:

Removes and replaces easy-to-open container lids
Folds paper and makes paper objects (e.g., airplanes, origami), with assistance
Cuts, draws, glues with materials provided
Ties knots and shoe laces, with assistance
Prints some letters in own name Buttons large buttons on clothing
Tears tape off a dispenser without letting the tape get stuck to itself, most of the time
Puts together and pulls apart manipulatives (e.g., Legos, beads for stringing and sewing, Lincoln Logs) appropriately

Learning Box Preschool Foundational Skills 3-5 Years Old

PD 3.1 Controls small muscle movements

PD 3.2 Manipulates varied objects

PD 3.3 Exhibits hand-eye coordination

MOTOR DEVELOPMENT: SENSORIMOTOR SKILLS

36 TO 60 MONTHS SOME INDICATORS FOR CHILDREN:

Physically reacts appropriately to the environment (e.g., bends knees to soften a landing, moves quickly to avoid obstacles)

Demonstrates concepts through movement (e.g., imitates an animal through movement, sounds, dress, dramatization, dance) Improves eye-hand coordination (e.g., catches a bounced ball)

Practices sensory regulation by pushing objects, climbing short ladders, swinging on a swing, and sliding

Learning Box Preschool Foundational Skills 3-5 Years Old

PD 3.1 Controls small muscle movements

PD 3.3 Exhibits hand-eye coordination

PD 2.1 Displays balance and coordination

PD 2.2 Uses locomotor skills

CE 2.2 Participates in a variety of body movements

60 MONTHS TO KINDERGARTEN ENTRY SOME INDICATORS FOR CHILDREN:

Hits a medium-size ball (6" to 8") with a bat with some consistency

Catches a ball thrown from a distance of five to ten feet Manipulates simple puppets

Carries a glass of water or juice across the room without spilling it Enjoys vigorous, active play combined with social contact and game rules (e.g., freeze tag, hide and seek, snow play)

Learning Box Preschool Foundational Skills 3-5 Years Old

PD 3.1 Controls small muscle movements

PD 3.2 Manipulates varied objects

PD 3.3 Exhibits hand-eye coordination

PD 2.1 Displays balance and coordination

PD 2.2 Uses locomotor skills

CE 2.2 Participates in a variety of body movements

Physical development: Physical Fitness

36 TO 60 MONTHS SOME INDICATORS FOR CHILDREN:

Carries light objects, bags, or backpack for a short distance Repetitively practices new skills

Engages in at least 60 minutes, and up to several hours of unstructured physical activity on a daily basis

Engages in physical activities for a total of at least 60 minutes each day, sustaining physical activity for at least 15 minutes at a time

Learning Box Preschool Foundational Skills 3-5 Years Old

PD 4.1 Actively participates

PD 4.2 Builds muscular strength and/or cardiovascular endurance

PD 2.2 Uses locomotor skills

CE 2.2 Participates in a variety of body movements

60 months to Kindergarten Entry Some Indicators for Children: Runs 50 to 75 yards without stopping Engages in physical activities for at least 60 minutes throughout each day Initiates physical activities (e.g., movement games with other children, dancing to music)

Learning Box Preschool Foundational Skills 3-5 Years Old

PD 4.1 Actively participates

PD 4.2 Builds muscular strength and/or cardiovascular endurance

PD 2.2 Uses locomotor skills

CE 2.2 Participates in a variety of body movements

PHYSICAL DEVELOPMENT: PHYSICAL FITNESS

36 to 60 months Some Indicators for Children: Participates in different physical activities (e.g., walking, climbing, playing in snow, throwing, dancing) with enthusiasm Incorporates various physical activities while transitioning from one place to another (e.g., marches between the kitchen and the bathroom) Participates in cooperative games with peers

Learning Box Preschool Foundational Skills 3-5 Years Old

PD 3.1 Controls small muscle movements

PD 3.2 Manipulates varied objects

PD 3.3 Exhibits hand-eye coordination

PD 2.1 Displays balance and coordination

PD 2.2 Uses locomotor skills

CE 2.2 Participates in a variety of body movements

60 months to Kindergarten Entry Some Indicators for Children: Regularly participates in physical activity (e.g., walks, dances, plays organized or informal sports) Helps with physical chores (e.g., raking leaves, sweeping the floor, carrying laundry, putting away toys) Participates in cooperative games with peers

Learning Box Preschool Foundational Skills 3-5 Years Old

PD 3.1 Controls small muscle movements

PD 3.2 Manipulates varied objects

PD 3.3 Exhibits hand-eye coordination

PD 2.1 Displays balance and coordination

PD 2.2 Uses locomotor skills

CE 2.2 Participates in a variety of body movements

HEALTH AND PERSONAL CARE: DAILY LIVING SKILLS

36 to 60 months Some Indicators for Children: Uses tissue to wipe own nose and throws tissue in wastebasket Takes care of own toileting needs Washes and dries hands before eating and after toileting, without assistance Cooperates and assists caregiver with tooth brushing Identifies health products (e.g., shampoo, toothpaste, soap) Covers mouth when coughing Recognizes and communicates when experiencing symptoms of illness Understands the need for and participates in care for acute and chronic illness

Learning Box Preschool Foundational Skills 3-5 Years Old
PD 1.1 Practices daily self-care
SE 3.5 Accepts responsibility

60 months to Kindergarten Entry Some Indicators for Children: Brushes teeth and attempts flossing with supervision, and then allows assistance to complete process Washes face, without assistance Covers mouth and nose when coughing and sneezing with elbow or tissue

Learning Box Preschool Foundational Skills 3-5 Years Old
PD 1.1 Practices daily self-care
SE 3.5 Accepts responsibility

HEALTH AND PERSONAL CARE: DAILY LIVING SKILL

36 to 60 months Some Indicators for Children: Feeds self with fork and spoon, without assistance Washes hands independently with frequency Gets drink of water from appropriate tap, without assistance Dresses and undresses with minimal help Chooses own clothes to wear, when asked Puts shoes on, without assistance Decides, with few prompts, when to carry out self-help tasks (e.g., to wash hands when dirty and before meals) Chooses to rest when he/she is tired Participates in helping younger siblings with personal care routines

Learning Box Preschool Foundational Skills 3-5 Years Old
PD 1.1 Practices daily self-care
SE 3.5 Accepts responsibility
SE 1.1 Aware of thoughts, needs, and feelings of self and others

60 months to Kindergarten Entry Some Indicators for Children: Uses fork, spoon, and (sometimes) a blunt table knife Pours milk or juice easily and with minimal spills Dresses and undresses in easy pull-on clothes, without assistance Ties single knot in shoelaces, with assistance Brushes and combs hair, with assistance Helps select clothes appropriate for the weather

Learning Box Preschool Foundational Skills 3-5 Years Old
PD 1.1 Practices daily self-care
SE 3.5 Accepts responsibility
SE 1.1 Aware of thoughts, needs, and feelings of self and others

HEALTH AND PERSONAL CARE: NUTRITION

36 to 60 months Some Indicators for Children: Participates in preparing nutritious snacks and meals Chooses to eat foods that are better for the body than others, with assistance Passes food at the table and takes appropriate sized portions, or other culturally-specific family serving style

Learning Box Preschool Foundational Skills 3-5 Years Old
PD 1.3 Makes healthy food choices
SE 1.1 Aware of thoughts, needs, and feelings of self and others

60 months to Kindergarten Entry Some Indicators for Children: Explains the primary function of certain foods (e.g., milk helps build strong bones) Recognizes foods from different food groups, with assistance Provides simple explanations for own and others' food allergies

Learning Box Preschool Foundational Skills 3-5 Years Old
LL 6.2 Shares stories and/or information
PD 1.3 Makes healthy food choices
SE 1.1 Aware of thoughts, needs, and feelings of self and others

SAFETY: SAFE PRACTICES

36 to 60 months Some Indicators for Children: Uses safe behaviors indoors and outdoors Communicates to peers and adults when sees dangerous behaviors (e.g., throwing rocks on the playground) Uses helmets when riding toys Carries scissors and pencils with points down to avoid accidents Looks both ways before crossing street or road, and knows to cross with adult assistance Recognizes danger and poison symbols and avoids those objects or areas Does not touch or take medicine without adult assistance but knows that medicine can improve health when used properly Understands the difference between “safe touch” and “unsafe touch” Identifies appropriate clothing and skin protectant for various weather conditions

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 5.3 Follows directions

AL 5.1 Initiates social interactions

PD 1.2 Comprehends and applies safety rules

60 months to Kindergarten Entry Some Indicators for Children: Does not accept rides, food, or money from strangers Understands that some practices may be personally dangerous (e.g., smoking, drinking alcohol, playing with matches, contact with germs and blood) Identifies local hazards (e.g., thin ice, wildlife, dogs, moving water, guns) Identifies adults who can assist in dangerous situations (e.g., parent, teacher, police officer)

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 5.3 Follows directions

SS 3.1 Understands roles and occupations in society

AL 5.1 Initiates social interactions

PD 1.2 Comprehends and applies safety rules

SAFETY: RULES AND REGULATIONS

36 to 60 months Some Indicators for Children: Understands and anticipates the consequences of not following rules Identifies safety signs posted around the classroom and home Follows emergency drill instruction (e.g., fire, earthquake, tsunami, bomb, lockdown) Follows basic safety rules, with assistance (e.g., bus, bicycle, boats, planes, playground, crossing the street, stranger awareness, using sidewalk, boardwalk, dock) Initiates getting buckled into age- and weight appropriate car safety seat in vehicles Puts on or asks for helmet before riding a bicycle or other wheeled toy

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 5.3 Follows directions

SS 3.1 Understands roles and occupations in society

AL 5.1 Initiates social interactions

PD 1.2 Comprehends and applies safety rules

60 months to Kindergarten Entry Some Indicators for Children: Consistently follows safety rules Understands why emergency drills are important Explains how to get help in emergency situations (e.g., calling 911, finding a police officer or responsible adult) Demonstrates safety rules as engages in dramatic play (e.g., “Tell your doll to keep his fingers away from the hot stove so he does not get hurt.”)

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 5.3 Follows directions

SS 3.1 Understands roles and occupations in society

AL 5.1 Initiates social interactions

PD 1.2 Comprehends and applies safety rules

SOCIAL DEVELOPMENT: INTERACTIONS WITH ADULTS

36 to 60 months Some Indicators for Children: Separates with assistance from significant adults without demonstrating a great deal of anxiety (younger child may need extra help) Expresses affection for significant adults Approaches adults for assistance and offers to assist adults Carries out actions to please adults at times Expresses feelings about adults (e.g., “I love Auntie.”)

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 2.1 Makes positive social connections

AL 5.1 Initiates social interactions

60 months to Kindergarten Entry Some Indicators for Children: Interacts easily with familiar adults in the community (e.g., custodian, next-door neighbor, doctor, bus driver) Shows confidence and positive feelings about relationships with significant adults in addition to primary caregivers (e.g., teachers) Confides in at least one adult Interacts with adults respectfully and appropriately (e.g., does not interrupt when adult is speaking) Demonstrates knowledge of culturally specific communication styles and their appropriate uses

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 2.1 Makes positive social connections

LL 6.1 Participates in conversations

SS 1.2 Examines diversity, culture, and traditions

AL 5.1 Initiates social interactions

SOCIAL DEVELOPMENT: INTERACTIONS WITH ADULTS

36 to 60 months Some Indicators for Children: Recognizes that adults have more experience and, therefore, they can provide assistance Asks questions of adults frequently to obtain information Follows caregivers’ guidelines for appropriate behavior in different environments Brings simple problem situations to adults’ attention Seeks emotional support from caregivers

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 2.1 Makes positive social connections

AL 3.2 Asks questions and problem solves

AL 5.1 Initiates social interactions

60 months to Kindergarten Entry Some Indicators for Children: Seeks assistance from adults in the community (e.g., neighbor, bus driver, librarian) Demonstrates understanding of when to bring issues to adult attention Asks questions and checks with an adult before deviating from rules and routines

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 2.1 Makes positive social connections

AL 3.2 Asks questions and problem solves

AL 5.1 Initiates social interactions

SOCIAL DEVELOPMENT: INTERACTIONS WITH PEERS

36 to 60 months Some Indicators for Children: Shows enjoyment in playing with other children Initiates an activity with another child Separates willingly from adults to play with friends, most of the time Makes and maintains a friendship with at least one other child Initiates conversations with other children; asks questions and responds

Learning Box Preschool Foundational Skills 3-5 Years Old

LL 6.1 Participates in conversations

LL 6.2 Shares stories and/or information

SE 2.1 Makes positive social connections

AL 5.1 Initiates social interactions

60 months to Kindergarten Entry Some Indicators for Children: Gives social support to others (e.g., offers to help a peer who cannot find his/her toy) Shows loyalty to friends Follows suggestions given by a friend about how to proceed in their play Has friends in different settings (e.g., neighborhood, school, extended family) Maintains friendships with two or more peers Carries on conversations with peers

Learning Box Preschool Foundational Skills 3-5 Years Old

LL 6.1 Participates in conversations

LL 6.2 Shares stories and/or information

SE 2.1 Makes positive social connections

AL 5.1 Initiates social interactions

SOCIAL DEVELOPMENT: INTERACTIONS WITH PEERS

36 to 60 months Some Indicators for Children: Plays with other children without prompting, some of the time Cooperates with other children, with assistance Shares materials and toys during play, with assistance Makes decisions with other children, with adult prompts as needed

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 2.2 Cooperates

LL 6.1 Participates in conversations

LL 6.2 Shares stories and/or information

AL 3.2 Asks questions and problem solves

SE 2.1 Makes positive social connections

AL 5.1 Initiates social interactions

60 months to Kindergarten Entry Some Indicators for Children: Shares materials and toys with other children Sustains interactions by cooperating, helping, sharing, and suggesting new ideas for play Completes simple projects with other children Plays different roles with children (e.g., leader, follower) Works with other children to overcome challenges

Learning Box Preschool Foundational Skills 3-5 Years Old

AL 5.2 Participates in "shared thinking"

CE 4.1 Participates in dramatic play

SE 2.2 Cooperates

LL 6.1 Participates in conversations

LL 6.2 Shares stories and/or information

AL 3.2 Asks questions and problem solves

SE 2.1 Makes positive social connections

AL 5.1 Initiates social interactions

SOCIAL DEVELOPMENT: INTERACTIONS WITH PEERS

36 to 60 months Some Indicators for Children: Understands concept of "mine" and "his/ hers" Approaches other children positively Uses different turn-taking strategies (e.g., bartering, trading, beginning to share) Uses simple strategies to solve problems appropriately, either individually or in a group (e.g., seeks assistance from an adult) Negotiates with other children to solve a problem, with assistance States a position with reasons (e.g., "I do not want to play right now because I am tired.")

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 1.1 Aware of thoughts, needs, and feelings of self and others

SE 2.2 Cooperates

LL 6.1 Participates in conversations

LL 6.2 Shares stories and/or information
AL 3.2 Asks questions and problem solves
SE 2.1 Makes positive social connections
AL 5.1 Initiates social interactions

60 months to Kindergarten Entry Some Indicators for Children: Uses multiple strategies to resolve conflicts (e.g., attempts to communicate and then seeks assistance) Attempts to settle disputes or solve problems with another child through negotiation, addressing own rights as well as the other child's needs, with assistance (e.g., "I'll use the paste for these two pieces of paper and then give it to you.") Uses and accepts compromise with assistance Demonstrates beginning understanding of others' intentions or motives

Learning Box Preschool Foundational Skills 3-5 Years Old
SE 1.1 Aware of thoughts, needs, and feelings of self and others
SE 2.2 Cooperates
LL 6.1 Participates in conversations
LL 6.2 Shares stories and/or information
AL 3.2 Asks questions and problem solves
SE 2.1 Makes positive social connections
AL 5.1 Initiates social interactions

SOCIAL DEVELOPMENT: ADAPTIVE SOCIAL BEHAVIOR

36 to 60 months Some Indicators for Children: Takes turns and shares with peers, with assistance Asks "why" questions to show effort at understanding effects of behavior (e.g., "If I do this, why does that happen?") Demonstrates understanding of the consequences of own actions on others (e.g., "I gave Anna the toy and so she is playing with it now.") Describes other children's positive, thoughtful, kind behaviors Shows empathy for physically hurt or emotionally upset child

Learning Box Preschool Foundational Skills 3-5 Years Old
SE 2.3 Shows empathy for others
SE 1.1 Aware of thoughts, needs, and feelings of self and others
SE 2.2 Cooperates
LL 6.1 Participates in conversations
LL 6.2 Shares stories and/or information
AL 3.2 Asks questions and problem solves
SE 2.1 Makes positive social connections
AL 5.1 Initiates social interactions

60 months to Kindergarten Entry Some Indicators for Children: Describes how own actions make others feel and behave Cooperates with peers to complete a project with little conflict Engages in empathetic, caring behavior so others respond positively Explains his/her response to others' actions and feelings (e.g., "I gave her a hug because she was sad.") Guesses how own and others' behavior will influence responses

Learning Box Preschool Foundational Skills 3-5 Years Old
SE 2.3 Shows empathy for others
SE 1.1 Aware of thoughts, needs, and feelings of self and others
SE 2.2 Cooperates
LL 6.1 Participates in conversations
LL 6.2 Shares stories and/or information
AL 3.2 Asks questions and problem solves

SOCIAL DEVELOPMENT: ADAPTIVE SOCIAL BEHAVIOR

36 to 60 months Some Indicators for Children: Seeks out other children to play with Notices and comments on who is absent from routine group settings (e.g., play groups) Identifies self as member of a group (e.g., refers to our family, our school, our team, our culture) Uses play to explore, practice, and understand social roles Joins a group of other children playing, with adult prompts as needed

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 2.1 Makes positive social connections

AL 5.1 Initiates social interactions

SS 1.1 Identifies personal and family roles within their home and community

SS 1.2 Examines diversity, culture, and traditions

60 months to Kindergarten Entry Some Indicators for Children: Follows simple rules of participation in group activities Participates cooperatively in large and small group activities (e.g., is sometimes a leader and sometimes a follower) Participates in classroom and group routines (e.g., joins other children feeding the fish or building a structure) Willingly joins in the middle of an on-going group activity with friends Invents and sets up activities that include more than one child Participates as a member of the audience, as well as an active participant in group activities Assigns roles to other children during group play

Learning Box Preschool Foundational Skills 3-5 Years Old

AL 5.3 Follows directions

PD 1.2 Comprehends and applies safety rules

CE 4.1 Participates in dramatic play

SE 2.1 Makes positive social connections

AL 5.1 Initiates social interactions

SS 1.1 Identifies personal and family roles within their home and community

SS 1.2 Examines diversity, culture, and traditions

SOCIAL DEVELOPMENT: ADAPTIVE SOCIAL BEHAVIOR

36 to 60 months Some Indicators for Children: Explores objects and materials and interacts with others in a variety of group settings Makes smooth transitions from one activity/ setting to the next during the day, with guidance Adjusts behavior to different settings (e.g., home, playground)

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 2.1 Makes positive social connections

AL 5.1 Initiates social interactions

SE 3.2 Shows flexibility within routines

SE 4.1 Manages emotions appropriately

60 months to Kindergarten Entry Some Indicators for Children: Expresses anticipation of special events in different settings Accommodates a variety of settings throughout the day Anticipates diverse settings and what will be needed in them, with assistance (e.g., “We’re going to the park, so I’ll bring a ball.” “We’re going to the lake, so I’ll need my swim suit.”)

Learning Box Preschool Foundational Skills 3-5 Years Old

SS 5.2 Shows interest and shares past, current, and future events

SE 3.2 Shows flexibility within routines

LL 6.2 Shares stories and/or information

36 to 60 months Some Indicators for Children: Notices and shows concern for peers' feelings Comforts peers when they are hurt or upset, with adult assistance Adopts a variety of roles and feelings during pretend play Communicates appropriate feelings for characters in stories Cares for and does not destroy plants, flowers, and other living things, with guidance Acts kindly and gently with safe, child friendly animals

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 1.1 Aware of thoughts, needs, and feelings of self and others

SE 2.3 Shows empathy for others

SS 4.3 Shows concern for the environment

AL 4.2 Displays a positive attitude

60 months to Kindergarten Entry Some Indicators for Children: Communicates others' feelings Comforts family members or friends who are not feeling well or are upset Expresses excitement about special events and accomplishments of others within cultural context and expectations Volunteers to assist and comfort peers by using words and actions Adjusts plans in consideration of others' wants and needs, at times Expresses emotion in response to hurt person or animal Treats the earth and living things with respect

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 1.1 Aware of thoughts, needs, and feelings of self and others

SE 2.3 Shows empathy for others

SS 2.1 Understands citizenship and responsibilities

SE 2.1 Makes positive social connections

SS 4.3 Shows concern for the environment

AL 4.2 Displays a positive attitude

SOCIAL DEVELOPMENT: APPRECIATING DIVERSITY

36 to 60 months Some Indicators for Children: Compares similarities or differences of others (e.g., height, hair color) in his/her circle of contact Develops awareness, knowledge, and appreciation of own gender and cultural identity Demonstrates understanding that different individuals have different abilities and information Includes other children in his/her activities who are of a different gender, ethnic background, who speak other languages, or who have special needs, with guidance Asks questions about others' families, ethnicity, language, cultural heritage, and differences in physical characteristics

Learning Box Preschool Foundational Skills 3-5 Years Old

LL 5.3 Compares and contrasts

SS 1.2 Examines diversity, culture, and traditions

SE 1.1 Aware of thoughts, needs, and feelings of self and others

SE 2.3 Shows empathy for others

60 months to Kindergarten Entry Some Indicators for Children: Shows concern about fairness within peer group (e.g., "Everyone gets a turn." "That's not fair.") Recognizes others' abilities in certain areas (e.g., "Jamie sings really well." "Marie is a fast runner.") Names and accepts differences and similarities in preferences (e.g., food preferences or favorite play activities) Notices that other children might use different words for the same object (e.g., "mother" is said differently in different languages) Examines a situation from another's perspective Recognizes stereotypes and culturally or linguistically unfair or biased behavior

Learning Box Preschool Foundational Skills 3-5 Years Old
LL 5.3 Compares and contrasts
SS 1.2 Examines diversity, culture, and traditions
SE 1.1 Aware of thoughts, needs, and feelings of self and others
SE 2.3 Shows empathy for others

EMOTIONAL DEVELOPMENT: SELF-CONCEPT

36 to 60 months Some Indicators for Children: Describes self as a person with a mind, a body, and feelings Refers to self by first and last name and uses appropriate pronouns (I, me) rather than referring to self in 3rd person Chooses individual activities (e.g., doing puzzles, painting) Expresses self in different roles during pretend play Describes family members and begins to understand their relationship to one another

Learning Box Preschool Foundational Skills 3-5 Years Old
S 3.1 Understands characteristics of living things
LL 3.1 Identifies letters and words
LL 3.2 Understands that letters and words have meaning
SS 1.1 Identifies personal and family roles within their home and community

60 months to Kindergarten Entry Some Indicators for Children: Shares information about self with others Knows some important personal information (e.g., telephone number) Shows self-direction in actions Works independently and interdependently, and shows pleasure from it Accepts responsibilities and follows through on them (e.g., helps with chores) Requests quiet time and space

Learning Box Preschool Foundational Skills 3-5 Years Old
SE 3.5 Accepts responsibility
SE 1.1 Aware of thoughts, needs, and feelings of self and others
SE 1.2 Demonstrates confidence
SE 3.4 Initiates learning
LL 6.1 Participates in conversations
LL 6.2 Shares stories and/or information
SS 1.1 Identifies personal and family roles within their home and community

EMOTIONAL DEVELOPMENT: SELF-CONCEPT

36 to 60 months Some Indicators for Children: Describes own basic physical characteristics Exerts will and preferences Experiments with own abilities by trying new activities and testing limits Develops awareness, knowledge, and appreciation of own gender and cultural identity Identifies feelings, likes and dislikes, and begins to be able to explain why he/she has them

Learning Box Preschool Foundational Skills 3-5 Years Old
LL 6.2 Shares stories and/or information
S 3.1 Understands characteristics of living things
SE 1.1 Aware of thoughts, needs, and feelings of self and others

60 months to Kindergarten Entry Some Indicators for Children: Describes self using several physical and behavioral characteristics (e.g., "I am tall and I can reach up high.") Describes own skills and abilities in certain areas (e.g., "I like to paint.") Suggests games and activities that demonstrate own preferences and abilities (e.g., sets up a game of catch) Differentiates between preferences for self and others (e.g., "I like to play with dolls and she likes to play with toy animals.")

Learning Box Preschool Foundational Skills 3-5 Years Old
LL 5.3 Compares and contrasts

LL 6.2 Shares stories and/or information
S 3.1 Understands characteristics of living things
SE 1.1 Aware of thoughts, needs, and feelings of self and others

EMOTIONAL DEVELOPMENT: SELF-EFFICACY

36 to 60 months Some Indicators for Children: Expresses delight with mastery of a skill (e.g., “I did it myself.”) Asks others to view own creations (e.g., “Look at my picture.”) Demonstrates confidence in own abilities (e.g., “I can climb to the top of the big slide!” or a child in leg braces has a big smile on their face when using a walker by themselves) Expresses own ideas and opinions Enjoys process of creating

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 1.2 Demonstrates confidence

LL 6.2 Shares stories and/or information

AL 5.1 Initiates social interactions

SE 1.1 Aware of thoughts, needs, and feelings of self and others

60 months to Kindergarten Entry Some Indicators for Children: Takes on new tasks and improves skills with practice (e.g., wheeling self in wheelchair) Expresses delight over a successful project and wants others to like it too Starts a task and works on it until finished

Learning Box Preschool Foundational Skills 3-5 Years Old

SE 1.2 Demonstrates confidence

SE 3.1 Maintains focus

AL 2.1 Ability to participate for longer periods of time

SE 3.4 Initiates learning

AL 3.1 Demonstrates a desire to seek out information

LL 6.2 Shares stories and/or information

AL 5.1 Initiates social interactions

SE 1.1 Aware of thoughts, needs, and feelings of self and others

EMOTIONAL DEVELOPMENT: SELF-CONTROL

36 to 60 months Some Indicators for Children: Participates easily in routine activities (e.g., meal time, snack time, bedtime) Follows simple rules without reminders (e.g., handles toys with care) Demonstrates increasing ability to use materials purposefully, safely, and respectfully Adapts to changes in daily schedule Predicts what comes next in the day, when there is an established and consistent schedule

Learning Box Preschool Foundational Skills 3-5 Years Old

AL 5.3 Follows directions

AL 4.1 Accepts change and failure

M 2.1 Follows and/or creates simple patterns

PD 1.2 Comprehends and applies safety rules

SE 3.2 Shows flexibility within routines

60 months to Kindergarten Entry Some Indicators for Children: Engages in and completes simple routines without assistance (e.g., puts coat on to go outside to play) Child with a special health care need participates in own care routines Follows rules in different settings (e.g., lowers voice when enters library) Applies rules in new but similar situations Explains simple family or classroom rules to others

Learning Box Preschool Foundational Skills 3-5 Years Old

AL 5.3 Follows directions

AL 4.1 Accepts change and failure

SS 2.1 Understands citizenship and responsibilities
LL 6.2 Shares stories and/or information
M 2.1 Follows and/or creates simple patterns
PD 1.2 Comprehends and applies safety rules
SE 3.2 Shows flexibility within routines

EMOTIONAL DEVELOPMENT: SELF-CONTROL

36 to 60 months Some Indicators for Children: Expresses strong emotions constructively, at times with assistance Expresses ownership of feelings and desire to control self, with assistance Calms self after having strong emotions, with guidance (e.g., goes to quiet area or requests favorite book to be read when upset) Waits for turn and shows patience during group activities, sometimes Sticks with difficult tasks without becoming overly frustrated

Learning Box Preschool Foundational Skills 3-5 Years Old
SE 4.1 Manages emotions appropriately
SE 1.1 Aware of thoughts, needs, and feelings of self and others
SE 3.1 Maintains focus
AL 4.1 Accepts change and failure
SE 2.2 Cooperates

60 months to Kindergarten Entry Some Indicators for Children: Expresses self in safe and appropriate ways (e.g., expresses anger or sadness without fights) Shows ability to control destructive impulses, with guidance Seeks peaceful resolution to conflict Modifies behavior and expression of emotions for different environments Stops and listens to instructions before jumping into activity, with guidance Learning Box Preschool Foundational Skills 3-5 Years Old

Learning Box Preschool Foundational Skills 3-5 Years Old
SE 4.1 Manages emotions appropriately
SE 1.1 Aware of thoughts, needs, and feelings of self and others
SE 3.1 Maintains focus
AL 4.1 Accepts change and failure
SE 2.2 Cooperates

Source: State of Alaska Early Learning Guidelines- Alaska Department of Education and Early Development.